

INDIVIDUAL FIRST AID KIT

Nr	Item	Description	Pieces
1	Tourniquet	<ul style="list-style-type: none"> • Ensures the compression of the affected limb by twisting a rigid stick attached to the tourniquet. • Components: compression strap, rigid stick, safety straps • The compression strap is made of a resistant material which generates pressure required for hemostasis when under tension. <ul style="list-style-type: none"> ○ It is not elastic. ○ Can be easily cleaned ○ it is water resistant • the rigid stick is made of a resistant material (metal or similar) which is attached to the tourniquet and when twisted generates tension in the compression strap. • the safety strap allows a good fixation of the rigid stick in order to maintain the pressure generated by the compression strap. It can be easily attached and easily detached • the tourniquet can be used one handed • the tourniquet is packed in water-resistant packaging, ready to use • single use • individually packed as regulated by EU-MDD (EU Medical Device Directive) (name of the product, description, expiration time, sterilization method, etc.). • CE mark. • expires after min 2 years from the manufacturing date. 	1
2.	Compressive dressing	<ul style="list-style-type: none"> • Creates an effective compression by twisting a dressing around a clamp attached to the elastic dressing. 	2

		<ul style="list-style-type: none"> • Components: dressing, rigid clamp • the dressing is made of an elastic material which allows a good compression of the area on which is used. • the clamp is made of a resistant rigid material which allows to generate tension in the dressing and also maintains the dressing in position for the best compression • single use • single use • individually packed as regulated by EU-MDD (EU Medical Device Directive) (name of the product, description, expiration time, sterilization method, etc.). • CE mark. • expires after min 2 years from the manufacturing date. 	
3.	Adhesive tape	<ul style="list-style-type: none"> • Adhesive tape used to attach different gausses or dressings • for medical use • single use • individually packed as regulated by EU-MDD (EU Medical Device Directive) (name of the product, description, expiration time, sterilization method, etc.). • CE mark. • expires after min 2 years from the manufacturing date. 	1
4.	Padded bandage	<ul style="list-style-type: none"> • The bandage made of a resistant material has a padded area made of an absorbent material which is placed on the wound. • Packed in water sealed compacted packages. • single use • individually packed as regulated by EU-MDD (EU Medical Device Directive) (name of the product, description, expiration time, sterilization method, etc.). • CE mark. • expires after min 2 years from the manufacturing date. 	2
5.	Triangular bandage	<ul style="list-style-type: none"> • Made by a soft but resistant material • used for basic splinting of the upper limbs • one angle of the equilateral triangle is 90° and the two equal sides have 50-70 cm length 	2

6.	Plasters – different sizes	<ul style="list-style-type: none"> • the plasters are padded. • single used • 5 different dimensions: the padded area will be at least 1 x 1 cm up to 10 x 10 cm • the adhesive area will ensure a good adhesion of the plaster to any part of the body and a good sealing of the affected area • single use • individually packed • single use • individually packed as regulated by EU-MDD (EU Medical Device Directive) (name of the product, description, expiration time, sterilization method, etc.). • CE mark. • expires after min 2 years from the manufacturing date. 	5
7.	Eye plasters	<ul style="list-style-type: none"> • Small gauzes that allows protection of the wounded eyes • individually packed • single use • water resistant material on the external side and absorbent on the interior. • single use • individually packed as regulated by EU-MDD (EU Medical Device Directive) (name of the product, description, expiration time, sterilization method, etc.). • CE mark. • expires after min 2 years from the manufacturing date. 	4
8.	Insulating blanket	<ul style="list-style-type: none"> • Aluminum foil blanket – • ensures thermal insulation • dimensions: 2x2 m. Variations of - 10 cm or +20 cm are accepted • single use • individually packed as regulated by EU-MDD (EU Medical Device Directive) (name of the product, description, expiration time, sterilization method, etc.). • CE mark. • expires after min 2 years from the manufacturing date. 	1

9.	Naso-pharyngeal airway	<ul style="list-style-type: none"> • Specially designed tube that after insertion through the nose ensures the maintenance of an open airway in an unconscious patient. • 28 Fr diameter • length 165 - 175 mm • made of latex free material which allows bending and smooth insertion in the nose • the outer end has a safety system which prevents the tube to be completely accidentally introduced or aspired • single use • sterile • individually packed as regulated by EU-MDD (EU Medical Device Directive) (name of the product, description, expiration time, sterilization method, etc.). • CE mark. • expires after min 2 years from the manufacturing date. 	1
10	Thoracic valve dressing	<ul style="list-style-type: none"> • Used to drain the air from a tension pneumothorax. • Adhesive dressing with a unidirectional valve. • single use • individually packed as regulated by EU-MDD (EU Medical Device Directive) (name of the product, description, expiration time, sterilization method, etc.). • CE mark. • expires after min 2 years from the manufacturing date. 	1
11	Face-shield	<ul style="list-style-type: none"> • Shield used for mouth to mouth breathing, that ensures the protection of the rescuer during that procedure. • the shield dimension allows a good coverage of the entire face • The central valve is a one-way valve protected also with a HEPA filter. • single use • individually packed as regulated by EU-MDD (EU Medical Device Directive) (name of the product, description, expiration time, sterilization method, etc.). • CE mark. • expires after min 2 years from the manufacturing date. 	1

12	Permanent Marker		1
13	Lip and face protective balm	<ul style="list-style-type: none"> • ensures solar protection • moisturizer effect • tasteless • it can be easily removed 	1
14	Antiseptic wipes	<ul style="list-style-type: none"> • Wipes with clorhexidine • packed as regulated by EU-MDD (EU Medical Device Directive) (name of the product, description, expiration time, sterilization method, etc.). • CE mark. • expires after min 2 years from the manufacturing date 	10
15	Suture strip	<ul style="list-style-type: none"> • Allows the suture of certain type of wounds • dimensions: 12x100mm • single use • individually packed as regulated by EU-MDD (EU Medical Device Directive) (name of the product, description, expiration time, sterilization method, etc.). • CE mark. • expires after min 2 years from the manufacturing date. 	10
16	Non- sterile Dressings	<ul style="list-style-type: none"> • material made of cotton 100%, with a good absorbent capacity • 6-8 sheets, • dimensions: 5 x 5 cm. • non-sterile • pairs are individually packed as regulated by EU-MDD (EU Medical Device Directive) (name of the product, description, expiration time, etc.). • CE mark. • expires after min 2 years from the manufacturing date 	10
17	Nitrile gloves	<ul style="list-style-type: none"> • Is made of nitrile • size L • single use 	2

		<ul style="list-style-type: none"> • CE mark. • expires after min 2 years from the manufacturing date. 	
18	Pouch	<ul style="list-style-type: none"> • small bag with compartments for all of the above described materials • All items are fixed to a material with elastic stripes that is rolled or folded and introduced in the central compartment of the pouch • the pouch is water resistant • It can be easily attached to the soldiers belt using a strap which is attached to the back of the pouch. • The strap and the pouch has a good mechanical resistance to tearing or friction • The tourniquet is located in a distinct compartment or on the surface of the pouch • the color will be decided by the beneficiary and discussed with the provider 	1
19	Scissors	<ul style="list-style-type: none"> • Bandage scissors are angled tip scissors, with a blunt tip on the bottom blade, used for sizing dressings and removing circumferential bandages 	1